



December 2020

111 Hundertmark Road  
Suite 420  
Chaska, MN 55318-1459  
952-448-3847

916 St. Peter Avenue  
Suite 120  
Delano, MN 55328-2813  
763-230-2780

9325 Upland Lane North  
Suite 111  
Maple Grove, MN 55369-4437  
763-324-8000

14001 Ridgedale Drive  
Suite 100  
Minnetonka, MN 55305-1781  
952-473-0211

4695 Shoreline Drive  
Suite A  
Spring Park, MN 55384-9715  
952-495-8910

Main Fax 952-473-7908

#### Pediatricians

Joseph E. McHugh, MD  
Burton A. Benson Jr., MD  
Kelly S. Lemieux, MD  
Tracie F. Dodig, MD  
Martha R. Engelbrekt, MD  
David A. Quale, MD  
Rachel N. Bies, MD  
Danah M. O'Neil, MD  
Adam W. Weber, MD  
Jeffrey T. Humbert, MD  
Madeline S. P. Goeden, MD  
Jessie L. Arnason, MD  
Mara L. Liss, MD  
Carrie A. Muench, MD  
Kalli A. Hess, MD  
Lyndsi J.T. Paumen, MD  
Shane T. McWhirter, MD

#### Emeritus

R. Collins Cavender, MD

#### Advanced Practice Practitioners

Cynthia J. Hibbs, CPNP-PC  
Meghan S. Green, CPNP-PC  
Hoa L. Trinh, CPNP-PC  
Teresa J. K. Bekkala, CPNP-PC  
Robin M. Parker, CPNP-PC  
Rachel K. Johnson, PA-C  
Kirsten N. Dougherty, DNP-PC  
Caitlin A. Lingbeck, DNP-PC

To my Wayzata Children's Clinic patients, friends, and families:

As I started to write this letter, I could not help but think back on almost 40 years of practice at WCC, already missing the smiles and laughter that young children bring to any setting (even doctor visits!). I also could not help the tears that followed, but I was absolutely determined that this would NOT be a goodbye letter, but rather a "Thank You" note, to all of you who have allowed me to share your parenting journey.

I hope that in our conversations, I have always been a careful and respectful listener to you, your children, and your extended family. I also hope that some shared nuggets of practical advice from me were somehow able to make your parenting tasks a little easier or more effective.

Thanks to you, I have enjoyed a long run in my First, Last, and Best "real job." Although I had hoped to make it to my 40<sup>th</sup> Anniversary (7/25/2023), too many calendar turns, an icy patch of pavement and a herniated lumbar disc has stopped me at 37 years and change...November 9, 2020.

In the Spring of 1983, near the end of my pediatric residency in Denver, three of my most revered pediatric professors, all with direct Minneapolis connections, told me that the WCC had gathered the best Peds MDs and PNPs in the Twin Cities region. For clinic historians, this would have been Drs. Mitch Einzig, Paul Wernick, Terry Hart, Becky Kajander, CPNP, soon to be joined by Dr. Collins Cavender. I still feel fortunate to have earned a spot, despite not knowing how to pronounce "Wayzata," and I know, with absolute certainty, that my current colleagues will take exceptional care of your children, always.

Parents: stay safe, wear your masks, read to your children often, make messes, cover the fridge with their artwork, tell them stories from your own childhood, and give them room to spread their wings...

*Doctor JOE!*

Joseph E. McHugh, MD